

# Working with family separation



supporting families after divorce or separation to bring better outcomes for **children**...

a one day course for professionals working in **children's centres**

the **centre** for  
**Separated**  
**families**

**Research shows that...** children living in separated families have a higher probability of being in poverty and poor housing, being poorer when they are adults, having behavioural problems, performing less well in school, needing medical treatment, leaving school and home when young, becoming sexually active, pregnant, or a parent at an early age, depressive symptoms, high levels of smoking and drinking, and drug use during adolescence and adulthood.\*

### **Professionals working in children's centres...**

are uniquely placed to help ensure that children reach their full potential. Working with parents to support them through the changes that separation brings and helping them make the right choices for their children means that family separation doesn't have to reduce children's life chances.

**This one day course...** will help you to understand the pressures that separated parents face and provides practical tools to help you to support parents.

### **Course contents include:**

**working with parents in crisis:** helping parents to cope with emotional and practical issues... **supporting children:** how parents can help children deal with separation... **helping prioritise issues:** who can help parents and how... **better communication:** ensuring silence doesn't put children at risk... **thinking about parenting:** how to agree suitable arrangements for children... **thinking about money:** working through child maintenance...

### **Course costs:**

**for up to 15 participants\* £65 per person**  
\* minimum of six delegates per course

### **Booking:**

**phone 0845 478 6360 or email**  
**development@separatedfamilies.org.uk**

*'Working with **young children** means that we are often the first to spot the **signs of distress** that family separation brings. Training from the **Centre for Separated Families** offered us the insight we need to understand how **mothers and fathers** are affected differently by separation and how to work with those differences to **support the family** as a whole.'*

**Heather, Children's Centre, Hackney**