

Training for Course Leaders for the delivery of “Adolescence as a ‘Second Chance’ for teenage parents:

A roll-out multi-disciplinary course on the emotional needs of pregnant teens and very young parents & their child”

Anna Freud Centre London

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The four-day training will take place over two Fridays & Saturdays.

The course will run twice:

Autumn
24 & 25 September 2010
1 & 2 October 2010

or

Spring
18 - 19 Mar 2011
1 - 2 Apr 2011

£400
Lunch & refreshments provided

To book a place please visit
www.annafreud.org

This training will enable you to deliver a course comprised of five half study-days, to be run fortnightly in your own location. It brings together the different practitioners working with this high-risk client group, to enhance their understanding of the needs, risks and double demands of adolescence and parenthood. The course is comprised of interactive workshops, skill-based seminars, work discussion groups and self-study units.

It aims to:

- Develop understanding of emotional development and needs in infants, toddlers and teenagers based on a psychodynamic framework.
- Increase participants’ practical proficiency of observation and listening skills, the capacity to work with ethnic and cultural diversity, and with troubled or traumatised families in a variety of settings, identifying those at-risk with a focus on infant mental health.
- Facilitate examination of participants’ cases, in safe and confidential small-groups, through exchange of ideas and casework experience, enabling participants to apply the concepts being studied to their own work practice.
- Promote multi-agency efficiency through the interdisciplinary nature of the course and appreciation of organisational dynamics.

You can become a Course Leader if:

- You are working in a professional context with adolescent parents and/or their babies
- You are familiar with psychodynamic principles and mental health issues (knowledge of attachment theory, child development, group theory, intercultural and/or social theory are helpful).
- You have the leadership qualities, enthusiasm and organisational skills to deliver the Course in your own locality

The training provides a supportive and lively setting to teach delivery of the course through the use of a detailed theoretical handbook, teaching manual, and session templates which include Power-point seminars, and DVD-observations, and role plays to lead skills-based interactive workshops.

For more information, and to book your place, please visit

www.annafreud.org/shortcourses.php

