

'If everyone had access to the kind of support that the Centre for Separated Families delivers, then Family Courts would be a thing of the past.'

**Clifford – father of Jack aged 7.**

'Your support was invaluable for me to realize how happy and content my children are with a shared care arrangement and how being a separated family can be a positive thing.'

**Nivedita, Mother of two boys age 4 and 9.**

'The Centre for Separated Families has been a great partner, instrumental in designing and delivering training to really help us to understand how we can deliver a service that lives up to our values of being accessible, empathic and empowering.'

**Brenda White, Training Manager  
Child Maintenance Options**



all about us

The Centre for Separated Families  
0845 478 6360  
info@separatedfamilies.org.uk

the centre for  
**Separated families**  
— Reg Charity No. 1055173 —

Because supporting the whole family brings better outcomes for children.  
[www.separatedfamilies.org.uk](http://www.separatedfamilies.org.uk)

the centre for  
**Separated families**  
— Reg Charity No. 1055173 —

Family separation doesn't have to be a disaster for children. When parents are able to work together, children can keep growing and learning instead of healing and repairing. The Centre for Separated Families offers direct support to families and training and consultancy to other professionals, enabling parents to build new, co-operative relationships after separation. Our aim is to help separated parents to support their children to keep on learning and growing to their full potential.

**Karen Woodall**  
Director, The Centre for Separated Families



### Family Separation doesn't just happen to someone else...

Research suggests that around a third of people living in the UK will be directly affected by family separation. And yet, so many services for separated families are marginalised, divisive and difficult to find.

#### **Family separation changes lives forever...**

Far from being a one-off event, family separation is a process that changes lives forever. Children need their mothers and fathers to help them to make the emotional and physical adjustments after family separation, but parents often need support in order to be able to do so.



With the right support at the right time, parents can build cooperative relationships that put the needs of children first...

Mothers and fathers have similar experiences of grief and hurt when their relationships end but have very different needs for support. In order to really make a difference and help parents to go on and support their children effectively, services must understand and meet the different needs of mothers and fathers.

By focussing on better outcomes for children, we can help parents to move away from conflict and distress...

By looking at what children need and then working with each parent to determine how these needs can be met, parents are helped to move away from conflict and towards co-operation.

#### **The Centre for Separated Families – changing the way we support separated parents...**

The Centre for Separated Families is the leading organisation working with separated families. We have pioneered new ways of working with separated parents and their children, based upon our work with families over many years. We deliver support based on the real-life needs of mothers and fathers in ways that are respectful and responsive to children's changing needs.

#### **The Centre for Separated Families – helping you to make the change...**

Our consultancy, training and publications enable other agencies to deliver high quality services to separated families.

Our tailored courses offer parents themselves the support and information that they need to make positive changes. Our training for professionals strengthens the understanding and skills for working with separated families.

Our services will help you to meet the government initiative 'Every Child Matters' and the Gender Equality Duty 2007. We can put your services on course to deliver effective change for children affected by family separation.